



16<sup>th</sup> October

Dear Parents and Carers,

I am writing today to inform you that once again the students of Ysgol Treffynnon will be taking part in the School Health Research Network (SHRN) survey on student health and wellbeing.

The SHRN survey is a comprehensive tool designed to gather valuable information about the health and wellness needs of our students completed every 2 years. It covers a wide range of topics, including physical health, mental health, nutrition, exercise, and overall well-being. By participating in this survey, we aim to gain a deeper understanding of the specific needs and challenges our students face in these areas.

On the reverse of this letter, you will find more information about the SHRN survey and the benefits that it can have for students. Students at Ysgol Treffynnon will be taking part in the survey when we return after half term in the **week commencing 13<sup>th</sup> November**.

We strongly encourage all parents and guardians to encourage their children to participate in the SHRN survey. Your support in this endeavour is greatly appreciated as it will help us make informed decisions for the betterment of our school community.

If you do wish to withdraw your child from the survey please can we ask that you contact school no later than **Friday 20<sup>th</sup> October**.

Thank you for your continued partnership in fostering a healthy and nurturing educational environment for our students. Together, we can make a positive impact on their lives.

Yours Sincerely,

A handwritten signature in black ink, appearing to be 'R. Chesters', is written over a faint, circular watermark or stamp.

Mr R. Chesters  
Lead Teacher – Care, Support and Guidance.



September 2023

Dear Parent/Carer,

### Student Health and Wellbeing Survey

The School Health Research Network is led by Cardiff University in partnership with Welsh Government, Public Health Wales and Cancer Research UK. Every two years, schools in the Network are invited to take part in the Student Health and Wellbeing Survey. The information collected in the survey is used to compile a Student Health and Wellbeing Report for each school, which supports their work to improve their students' health and wellbeing.

Your child's school is taking part in the Student Health and Wellbeing Survey this term. The survey is being managed by Ipsos on behalf of Cardiff University and is completed online under the supervision of a member of school staff. It contains questions on health behaviours, including diet, physical activity, smoking, alcohol, drugs, school life and relationships. Students in Year 9 and above only will be asked a small number of questions relating to sexual behaviour. Each student chooses whether or not they want to complete the survey and they can omit any question they do not want to answer.

At the end of the survey, students are asked to give their name, date of birth and postcode. This enables researchers to connect students' responses across different rounds of the two-yearly survey, in order to investigate how and why health and wellbeing change through adolescence. It is made clear to students that they do not have to provide this information if they do not want to and, if given, it will only be seen by a small number of researchers at Cardiff University and Ipsos.

Students will also be asked if researchers can use their survey answers for data linkage research, meaning their answers will be anonymously linked to other data that is routinely collected about them, e.g. education records, and this will be held and reported at an anonymous level. The school will show students a video about this, which you can view here: [www.shrn.org.uk/gdpr](http://www.shrn.org.uk/gdpr) along with further information about data linkage. If you cannot access the video or website, please contact Matt Davies at [shrn@cardiff.ac.uk](mailto:shrn@cardiff.ac.uk) or 029 2087 4433 to request a leaflet. Your child can say they do not want their answers to be used for data linkage if they want to.

All data will be treated in accordance with the Data Protection Act (2018) and the General Data Protection Regulations, and you can read our data privacy notice here: [www.shrn.org.uk/gdpr](http://www.shrn.org.uk/gdpr) The survey is strictly confidential unless a student response raises concerns about their welfare, in which case we will notify the school's safeguarding officer if we have the student's name. Cardiff University use the survey data to compile the Student Health and Wellbeing Reports and for research into adolescent health. The Student Health and Wellbeing Reports contain only aggregated data, e.g. the percentage of Year 7 boys who eat breakfast daily.

I hope that you will be happy for your child to take part. If you have any concerns, wish to see the survey questions or withdraw your child from the survey or from data linkage research, please notify school reception as soon as possible.

Yours sincerely,

Professor Simon Murphy

Partneriaeth yw Rhydwaith Ymchwil Ysgolion Iach rhwng Llywodraeth Cymru Ymchwil Canser y DU Iechyd Cyhoeddus Cymru Prifysgol Caerdydd, DECIPHer ac WISERD

The School Health Research Network is a partnership between Welsh Government, Cancer Research UK, Public Health Wales, Cardiff University, DECIPHer and WISERD